

**LEISURE LEAGUE CROSS COUNTRY SERIES 2006/7**  
**GRIFFITHSTOWN CROSS COUNTRY RACE**  
**29<sup>TH</sup> OCTOBER 2006**

**RESULTS**

Categories :

Senior Male (18 ~ 39)

Over 40 Male (40 ~ 44)

Over 45 Male (45 ~ 49)

Over 50 Male (50 ~ 54)

Over 55 Male (55 ~ 59)

Over 60 Male (60 ~ )

Male Team :

(highest placed 6 male runners from each team score)

Senior Female (18 ~ 34)

Over 35 Female (35 ~ 39)

Over 40 Female (40 ~ 44)

Over 45 Female (45 ~ 49)

Over 50 Female (50 ~ )

Female Team :

(highest placed 4 female runners from each team score)

Points Scoring:

All individual categories score :

1<sup>st</sup> = 50 pts., 2<sup>nd</sup> = 49 pts., 3<sup>rd</sup> = 48 pts., etc.

Team category score :

1<sup>st</sup> runner = 100 pts., 2<sup>nd</sup> runner = 99 pts., 3<sup>rd</sup> runner = 98 pts., etc

1<sup>st</sup> team = 7 pts., 2<sup>nd</sup> team = 6 pts., 3<sup>rd</sup> team = 5 pts., etc.

First issued 30<sup>th</sup> October 2006

**Corrected 2nd November 2006 :**

**(Ladies O/40 result corrected; Ladies Team result corrected)**

(for information contact : Jeanette Jenkins, Fairwater)

**LEISURE LEAGUE CROSS COUNTRY SERIES 2006/7**  
**GRIFFITHSTOWN CROSS COUNTRY RACE**  
**29<sup>TH</sup> OCTOBER 2006**

**MALE RESULT :**

Male Race Place	Race Number	Last Name	First Name	Club	Category
1	408	MATTHEWS	Phillip	Chepstow	SENIOR
2	219	AHERNE,	Lee	Club 69	O/40
3	327	HUMPHRIES,	Dave	Lliswerry	SENIOR
4	150	CHESHIRE	Calum	Chepstow	SENIOR
5	130	PENNY,	Stuart	Chepstow	O/40
6	194	HARVEY,	Mark	Chepstow	SENIOR
7	207	LEWIS,	Simon	Club 69	O/40
8	205	WILLIAMS	Damian	Club 69	O/40
9	676	THOMPSON	Andrew	Griffithstown	O/45
10	71	KING	Jim	Caerleon	SENIOR
11	750	EDWARDS,	Stephen	Islwyn	SENIOR
12	143	MALARZ,	Luke	Chepstow	SENIOR
13	686	WILLIAMS	Mark	Griffithstown	O/40
14	540	WILLIAMS,	Alun	Fairwater	O/40
15	506	SPENCER,	Andrew	Fairwater	O/40
16	522	LEWIS,	Grant	Fairwater	SENIOR
17	661	GUY	Thomas	Griffithstown	SENIOR
18	666	ORRINGE	Adrian	Griffithstown	O/50
19	216	JUKES,	Daman	Club 69	SENIOR
20	682	BARNE	Mike	Griffithstown	SENIOR
21	121	REEKS,	Nathan	Chepstow	SENIOR
22	171	WILLIAMS,	Carl	Chepstow	SENIOR
23	2	MASON,	Howard	Caerleon	O/40
24	217	RAINBIRD,	Dereck	Club 69	O/50
25	157	LEWIS,	Gareth	Chepstow	O/45
26	671	RODGER	Peter	Griffithstown	O/50
27	215	PHILLIPS,	Brian	Club 69	O/40
28	743	BUNSTON,	Michael	Islwyn	SENIOR
29	656	GRIFFIN	Mike	Griffithstown	O/40
30	163	STOTT,	Andy	Chepstow	O/45
31	680	WATERS	Phillip	Griffithstown	O/50
32	541	WILLIAMS,	John	Fairwater	SENIOR
33	158	SAVAGE,	Bill	Chepstow	O/55
34	350	JONES,	Christopher	Lliswerry	O/45

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**MALE RESULT (cont.) :**

Male Race Place	Race Number	Last Name	First Name	Club	Category
35	230	CHAMMINGS	Martin	Club 69	SENIOR
36	206	THOMAS,	Howard	Club 69	O/40
37	225	WILLIAMS,	Gerwyn	Club 69	O/40
38	153	REEKS,	Mally	Chepstow	O/40
39	37	THOMAS,	Peter	Caerleon	O/45
40	716	JONES,	Steve	Islwyn	O/45
41	307	CHIPPER,	Neil	Lliswerry	O/45
42	315	DURSLEY,	Paul	Lliswerry	O/50
43	198	MCENTEE,	Kevin	Chepstow	O/50
44	183	HIGGINS,	Nick	Chepstow	SENIOR
45	317	DAY,	Paul	Lliswerry	O/55
46	335	PRINGLE,	Nick	Lliswerry	O/45
47	208	LINE,	Ian	Club 69	SENIOR
48	119	FINCH,	Dick	Chepstow	O/60
49	313	DAVIES,	Chris	Lliswerry	O/45
50	543	WOODS,	Gary	Fairwater	O/45
51	675	ROBERTS	Peter	Griffithstown	O/45
52	329	ATTWOOD	Howard	Lliswerry	O/55
53	500	ANSTICE,	Paul	Fairwater	O/45
54	17	POWELL,	Michael	Caerleon	O/55
55	713	HICKS,	Glyn	Islwyn	O/55
56	711	HEARE,	Mike	Islwyn	O/45
57	59	JENKINS	Nigel	Caerleon	O/40
58	126	CRAM,	Geoff	Chepstow	O/60
59	780	PAYTON,	Peter	Islwyn	O/55
60	721	PARKER,	Malcolm	Islwyn	O/60
61	103	BAILEY,	Eric	Chepstow	O/60

**LEISURE LEAGUE CROSS COUNTRY SERIES 2006/7**  
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**29<sup>TH</sup> OCTOBER 2006**

**SENIOR MALE RACE RESULT :**

Senior Male Place	Male Race Place	Race Number	Last Name	First Name	Club	Points
1	1	408	MATTHEWS	Phillip	Chepstow	50
2	3	327	HUMPHRIES,	Dave	Lliswerry	49
3	4	150	CHESHIRE	Calum	Chepstow	48
4	6	194	HARVEY,	Mark	Chepstow	47
5	10	71	KING	Jim	Caerleon	46
6	11	750	EDWARDS,	Stephen	Islwyn	45
7	12	143	MALARZ,	Luke	Chepstow	44
8	16	522	LEWIS,	Grant	Fairwater	43
9	17	661	GUY	Thomas	Griffithstown	42
10	19	216	JUKES,	Daman	Club 69	41
11	20	682	BARNE	Mike	Griffithstown	40
12	21	121	REEKS,	Nathan	Chepstow	39
13	22	171	WILLIAMS,	Carl	Chepstow	38
14	28	743	BUNSTON,	Michael	Islwyn	37
15	32	541	WILLIAMS,	John	Fairwater	36
16	35	230	CHAMMINGS	Martin	Club 69	35
17	44	183	HIGGINS,	Nick	Chepstow	34
18	47	208	LINE,	Ian	Club 69	33

**OVER 40 MALE RACE RESULT :**

Over 40 Male Place	Male Race Place	Race Number	Last Name	First Name	Club	Points
1	2	219	AHERNE,	Lee	Club 69	50
2	5	130	PENNY,	Stuart	Chepstow	49
3	7	207	LEWIS,	Simon	Club 69	48
4	8	205	WILLIAMS	Damian	Club 69	47
5	13	686	WILLIAMS	Mark	Griffithstown	46
6	14	540	WILLIAMS,	Alun	Fairwater	45
7	15	506	SPENCER,	Andrew	Fairwater	44
8	23	2	MASON,	Howard	Caerleon	43
9	27	215	PHILLIPS,	Brian	Club 69	42
10	29	656	GRIFFIN	Mike	Griffithstown	41
11	36	206	THOMAS,	Howard	Club 69	40
12	37	225	WILLIAMS,	Gerwyn	Club 69	39
13	38	153	REEKS,	Mally	Chepstow	38
14	57	59	JENKINS	Nigel	Caerleon	37

**LEISURE LEAGUE CROSS COUNTRY SERIES 2006/7**  
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**OVER 45 MALE RACE RESULT :**

Over 45 Male Place	Male Race Place	Race Number	Last Name	First Name	Club	Points
1	9	676	THOMPSON	Andrew	Griffithstown	50
2	25	157	LEWIS,	Gareth	Chepstow	49
3	30	163	STOTT,	Andy	Chepstow	48
4	34	350	JONES,	Christopher	Lliswerry	47
5	39	37	THOMAS,	Peter	Caerleon	46
6	40	716	JONES,	Steve	Islwyn	45
7	41	307	CHIPPER,	Neil	Lliswerry	44
8	46	335	PRINGLE,	Nick	Lliswerry	43
9	49	313	DAVIES,	Chris	Lliswerry	42
10	50	543	WOODS,	Gary	Fairwater	41
11	51	675	ROBERTS	Peter	Griffithstown	40
12	53	500	ANSTICE,	Paul	Fairwater	39
13	56	711	HEARE,	Mike	Islwyn	38

**OVER 50 MALE RACE RESULT :**

Over 50 Male Place	Male Race Place	Race Number	Last Name	First Name	Club	Points
1	18	666	ORRINGE	Adrian	Griffithstown	50
2	24	217	RAINBIRD,	Dereck	Club 69	49
3	26	671	RODGER	Peter	Griffithstown	48
4	31	680	WATERS	Phillip	Griffithstown	47
5	42	315	DURSLEY,	Paul	Lliswerry	46
6	43	198	MCENTEE,	Kevin	Chepstow	45

**OVER 55 MALE RACE RESULT :**

Over 55 Male Place	Male Race Place	Race Number	Last Name	First Name	Club	Points
1	33	158	SAVAGE,	Bill	Chepstow	50
2	45	317	DAY,	Paul	Lliswerry	49
3	52	329	ATTWOOD,	Howard	Lliswerry	48
4	54	17	POWELL,	Michael	Caerleon	47
5	55	713	HICKS,	Glyn	Islwyn	46
6	59	780	PAYTON,	Peter	Islwyn	45

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**OVER 60 MALE RACE RESULT :**

Over 60 Male Place	Male Race Place	Race Number	Last Name	First Name	Club	Points
1	48	119	FINCH,	Dick	Chepstow	50
2	58	126	CRAM,	Geoff	Chepstow	49
3	60	721	PARKER,	Malcolm	Islwyn	48
4	61	103	BAILEY,	Eric	Chepstow	47

**MALE TEAM RESULT :**

Race Place	Race Number	Last Name	First Name	Club	Points	Total Points	Team Place	Team Points
1	408	MATTHEWS	Phillip	Chepstow	100	557	1	7
4	150	CHESHIRE	Calum	Chepstow	97			
5	130	PENNY,	Stuart	Chepstow	96			
6	194	HARVEY,	Mark	Chepstow	95			
12	143	MALARZ,	Luke	Chepstow	89			
21	121	REEKS,	Nathan	Chepstow	80			

Race Place	Race Number	Last Name	First Name	Club	Points	Total Points	Team Place	Team Points
2	219	AHERNE,	Lee	Club 69	99	519	2	6
7	207	LEWIS,	Simon	Club 69	94			
8	205	WILLIAMS	Damian	Club 69	93			
19	216	JUKES,	Daman	Club 69	82			
24	217	RAINBIRD,	Dereck	Club 69	77			
27	215	PHILLIPS,	Brian	Club 69	74			

Race Place	Race Number	Last Name	First Name	Club	Points	Total Points	Team Place	Team Points
9	676	THOMPSON	Andrew	Griffithstown	92	503	3	5
13	686	WILLIAMS	Mark	Griffithstown	88			
17	661	GUY	Thomas	Griffithstown	84			
18	666	ORRINGE	Adrian	Griffithstown	83			
20	682	BARNE	Mike	Griffithstown	81			
26	671	RODGER	Peter	Griffithstown	75			

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**MALE TEAM RESULT (cont.):**

Race Place	Race Number	Last Name	First Name	Club	Points	Total Points	Team Place	Team Points
14	540	WILLIAMS,	Alun	Fairwater	87	426	4	4
15	506	SPENCER,	Andrew	Fairwater	86			
16	522	LEWIS,	Grant	Fairwater	85			
32	541	WILLIAMS,	John	Fairwater	69			
50	543	WOODS,	Gary	Fairwater	51			
53	500	ANSTICE,	Paul	Fairwater	48			

Race Place	Race Number	Last Name	First Name	Club	Points	Total Points	Team Place	Team Points
11	750	EDWARDS,	Stephen	Islwyn	90	357	5	3
28	743	BUNSTON,	Michael	Islwyn	73			
40	716	JONES,	Steve	Islwyn	61			
55	713	HICKS,	Glyn	Islwyn	46			
56	711	HEARE,	Mike	Islwyn	45			
59	780	PAYTON,	Peter	Islwyn	42			

Race Place	Race Number	Last Name	First Name	Club	Points	Total Points	Team Place	Team Points
3	327	HUMPHRIES,	Dave	Lliswerry	98	340	6	2
34	350	JONES,	Christopher	Lliswerry	67			
41	307	CHIPPER,	Neil	Lliswerry	60			
42	315	DURSLEY,	Paul	Lliswerry	59			
45	317	DAY,	Paul	Lliswerry	56			
46	335	PRINGLE,	Nick	Lliswerry	55			

Race Place	Race Number	Last Name	First Name	Club	Points	Total Points	Team Place	Team Points
10	71	KING	Jim	Caerleon	91	322	7	1
23	2	MASON,	Howard	Caerleon	78			
39	37	THOMAS,	Peter	Caerleon	62			
54	17	POWELL,	Michael	Caerleon	47			
57	59	JENKINS	Nigel	Caerleon	44			

**LEISURE LEAGUE CROSS COUNTRY SERIES 2006/7**  
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**FEMALE RESULT :**

Female Race Place	Race Number	Last Name	First Name	Club	Category
1	733	LODDER,	Helen	Islwyn	O/35
2	726	JONES,	Mandy	Islwyn	O/45
3	209	EVANS,	Anne Marie	Club 69	O/35
4	551	WOODBRIE,	Daniela	Fairwater	O/35
5	605	DAVIES	Julie	Griffithstown	O/35
6	56	JAMES,	Christine	Caerleon	O/35
7	52	ADKINS,	Shelaga	Caerleon	O/50
8	729	JONES,	Jackie	Islwyn	O/35
9	51	THOMAS,	Helen	Caerleon	O/45
10	602	BIRCHELL	Julie	Griffithstown	O/35
11	502	ROCHE,	Julie	Fairwater	O/35
12	21	OWEN,	Joanne	Caerleon	O/40
13	192	OST,	Sue	Chepstow	SENIOR
14	19	HOWELLS,	Gwyn	Caerleon	O/50
15	20	HOWELL,	Kim	Caerleon	O/45
16	761	GLEN,	Fiona	Islwyn	SENIOR
17	529	LLOYD,	Sue	Fairwater	O/50
18	539	HAVELOT,	Tracy	Fairwater	O/35
19	533	MORGAN,	Julie	Fairwater	O/35

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**SENIOR FEMALE RACE RESULT :**

Senior Female Place	Female Race Place	Race Number	Last Name	First Name	Club	Points
1	13	192	OST,	Sue	Chepstow	50
2	16	761	GLEN,	Fiona	Islwyn	49

**OVER 35 FEMALE RACE RESULT :**

Over 35 Female Place	Female Race Place	Race Number	Last Name	First Name	Club	Points
1	1	733	LODDER,	Helen	Islwyn	50
2	3	209	EVANS,	Anne Marie	Club 69	49
3	4	551	WOODBIDGE,	Daniela	Fairwater	48
4	5	605	DAVIES	Julie	Griffithstown	47
5	6	56	JAMES,	Christine	Caerleon	46
6	8	729	JONES,	Jackie	Islwyn	45
7	10	602	BIRCHELL	Julie	Griffithstown	44
8	11	502	ROCHE,	Julie	Fairwater	43
9	18	539	HAVELOT,	Tracy	Fairwater	42
10	19	533	MORGAN,	Julie	Fairwater	41

**OVER 40 FEMALE RACE RESULT :**

Over 40 Female Place	Female Race Place	Race Number	Last Name	First Name	Club	Points
1	12	21	OWEN	Joanne	Caerleon	50

**LEISURE LEAGUE CROSS COUNTRY SERIES 2006/7**  
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**OVER 45 FEMALE RACE RESULT :**

Over 45 Female Place	Female Race Place	Race Number	Last Name	First Name	Club	Points
1	2	726	JONES,	Mandy	Islwyn	50
2	9	51	THOMAS,	Helen	Caerleon	49
3	15	20	HOWELL,	Kim	Caerleon	48

**OVER 50 FEMALE RACE RESULT :**

Over 50 Female Place	Female Race Place	Race Number	Last Name	First Name	Club	Points
1	7	52	ADKINS,	Shelaga	Caerleon	50
2	14	19	HOWELLS,	Gwyn	Caerleon	49
3	17	529	LLOYD,	Sue	Fairwater	48

**FEMALE TEAM RESULT :**

Race Place	Race Number	Last Name	First Name	Club	Points	Total Points	Team Place	Team Points
1	733	LODDER,	Helen	Islwyn	100	377	1	7
2	726	JONES,	Mandy	Islwyn	99			
8	729	JONES,	Jackie	Islwyn	93			
16	761	GLEN,	Fiona	Islwyn	85			

Race Place	Race Number	Last Name	First Name	Club	Points	Total Points	Team Place	Team Points
6	56	JAMES,	Christine	Caerleon	95	370	2	6
7	52	ADKINS,	Shelaga	Caerleon	94			
9	51	THOMAS,	Helen	Caerleon	92			
12	21	OWEN	Joanne	Caerleon	89			

Race Place	Race Number	Last Name	First Name	Club	Points	Total Points	Team Place	Team Points
4	551	WOODBIDGE,	Daniela	Fairwater	97	354	3	5
11	502	ROCHE,	Julie	Fairwater	90			
17	529	LLOYD,	Sue	Fairwater	84			
18	539	HAVELOT,	Tracy	Fairwater	83			

**LEISURE LEAGUE CROSS COUNTRY SERIES 2006/7**  
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**FEMALE TEAM RESULT (cont.):**

Race Place	Race Number	Last Name	First Name	Club	Points	Total Points	Team Place	Team Points
5	605	DAVIES	Julie	Griffithstown	96	187	4	4
10	602	BIRCHELL	Julie	Griffithstown	91			

Race Place	Race Number	Last Name	First Name	Club	Points	Total Points	Team Place	Team Points
3	209	EVANS,	Anne Marie	Club 69	98	98	5	3

Race Place	Race Number	Last Name	First Name	Club	Points	Total Points	Team Place	Team Points
13	192	OST,	Sue	Chepstow	88	88	6	2

Race Place	Race Number	Last Name	First Name	Club	Points	Total Points	Team Place	Team Points
	NONE			Liswerry		0	0	0