

Leisure Centre League 2006 ~ 7
Cross Country Race Series

FINAL
INDIVIDUAL CATEGORY AND TEAM TABLES
AFTER 5 RACES

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Issued

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SENIOR MALE :

POSTION	Number	SURNAME	FIRST NAME	Team	Islwyn	Griffithstown	Club 69	Caerleon	Lliswerry	TOTAL
1	327	HUMPHRIES,	Dave	Lliswerry	50	49	50	50	49	248
2	750	EDWARDS,	Stephen	Islwyn	47	45	46	41	48	227
3	522	LEWIS,	Grant	Fairwater	40.5	43	47	45	46	221.5
4	743	BUNSTON,	Michael	Islwyn	38	37	44	37	43	199
5	194	HARVEY,	Mark	Chepstow	46	47	0	38	45	176
6	216	JUKES,	Daman	Club 69	0	41	45	42	47	175
7	719	LAMBETH,	Dafydd	Islwyn	48	0	49	49	0	146
8	201	WILLIAMS,	Daved	Club 69	45	0	48	46	0	139
9	71	KING	Jim	Caerleon	42	46	0	47	0	135
10	143	MALARZ,	Luke	Chepstow	43	44	0	44	0	131
11	661	Guy	Thomas	GRIFFITHSTOWN	44	42	41	0	0	127
12	682	Barne	Mike	GRIFFITHSTOWN	40.5	40	43	0	0	123.5
13	230	CHAMMINGS	Martin	Club 69	0	35	42	0	44	121
14	541	WILLIAMS,	John	Fairwater	39	36	40	0	0	115
15	408	MATTHEWS	Phillip	Chepstow	0	50	0	0	50	100
16	150	CHESHIRE	Calum	Chepstow	49	48	0	0	0	97
17	549	VERNALL	James	Fairwater	0	0	39	40	0	79
18	679	Walsh	Nick	GRIFFITHSTOWN	0	0	0	36	42	78
19	55	WARD,	Robert	Caerleon	36	0	37	0	0	73
20	183	HIGGINS,	Nick	Chepstow	0	34	0	34	0	68
21	174	PENGILLY,	Martin	Chepstow	0	0	0	48	0	48
22	135	LAWSON,	Mathew	Chepstow	0	0	0	43	0	43
23	121	REEKS,	Nathan	Chepstow	0	39	0	0	0	39
	164	CREED	Gareth	Chepstow	0	0	0	39	0	39
25	171	WILLIAMS,	Carl	Chepstow	0	38	0	0	0	38
	755	THOMAS,	Neil	Islwyn	0	0	38	0	0	38
27	732	BIRCH,	Sean	Islwyn	37	0	0	0	0	37
28	659	Gormley	Gerard	GRIFFITHSTOWN	0	0	0	35	0	35
29	208	LINE,	Ian	Club 69	0	33	0	0	0	33
	556	NASH	Steve	Fairwater	0	0	0	33	0	33
31	412	HOARE,	Gareth	Chepstow	0	0	0	32	0	32

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OVER 40 MALE:

POSITION	Number	SURNAME	FIRST NAME	Team		Islwyn	Griffithstown	Club 69	Caerleon	Lliswerry	TOTAL
1	207	LEWIS,	Simon	Club 69		48	48	50	49	47	242
2	205	WILLIAMS,	Damian	Club 69		46	47	49	50	49	241
3	540	WILLIAMS,	Alun	Fairwater		44	45	46	47	44	226
4	506	SPENCER,	Andrew	Fairwater		43	44	42	44	42	215
5	215	PHILLIPS,	Brian	Club 69		38	42	43	43	41	207
6	678	VORRÉS	Dimitri	Griffithstown		47	0	47	45	46	185
7	219	AHERNE,	Lee	Club 69		50	50	0	0	50	150
8	338	HARRHY,	Chris	Lliswerry		0	0	48	48	48	144
9	2	MASON,	Howard	Caerleon		42	43	44	0	0	129
10	214	HUGHES	Dorian	Club 69		0	0	40	40	40	120
11	508	FRY,	Mark	Fairwater		37	0	39	39	0	115
12	778	SULLIVAN,	Patrick	Islwyn		36	0	38	38	0	112
13	130	PENNY,	Stuart	Chepstow		49	49	0	0	0	98
14	352	HARRIS,	Paul	Lliswerry		0	0	0	46	45	91
15	759	WHITE,	Ade	Islwyn		45	0	45	0	0	90
16	686	WILLIAMS	Mark	Griffithstown		41	46	0	0	0	87
17	799	HARTNELL	Haydn	Islwyn		0	0	0	42	43	85
18	206	THOMAS,	Howard	Club 69		0	40	41	0	0	81
	656	GRIFFIN	Mike	Griffithstown		40	41	0	0	0	81
20	153	REEKS,	Mally	Chepstow		0	38	0	41	0	79
21	225	WILLIAMS,	Gerwyn	Club 69		39	39	0	0	0	78
22	687	THOMPSON	Stewart	Griffithstown		0	0	37	37	0	74
23	59	JENKINS	Nigel	Caerleon		34	37	0	0	0	71
24	534	SYKES	Mark	Fairwater		0	0	0	0	39	39
25	411	SCRIVENS	Phillip	Chepstow		0	0	0	36	0	36
26	700	FOSTER,	Simon	Islwyn		35	0	0	0	0	35

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OVER 45 MALE:

POSITION	Number	SURNAME	FIRST NAME	Team	Islwyn	Griffithstown	Club 69	Caerleon	Lliswerry	TOTAL
1	307	CHIPPER,	Neil	Lliswerry	50	44	47	49	46	236
2	716	JONES,	Steve	Islwyn	47	45	45	45	47	229
3	37	THOMAS,	Peter	Caerleon	49	46	46	46	0	187
4	335	PRINGLE,	Nick	Lliswerry	0	43	44	47	45	179
5	675	ROBERTS	Peter	Griffithstown	45	40	0	0	44	129
6	320	FOSTER,	John	Lliswerry	0	0	50	50	0	100
7	676	THOMPSON	Andrew	Griffithstown	0	50	49	0	0	99
8	73	DAVIES,	Mike	Caerleon	0	0	48	0	49	97
9	163	STOTT,	Andy	Chepstow	0	48	0	48	0	96
10	350	JONES,	Christopher	Lliswerry	0	47	0	0	48	95
11	543	WOODS,	Garry	Fairwater	46	41	0	0	0	87
12	196	REGULSKI,	Brett	Chepstow	42	0	0	44	0	86
13	66	AINSCOUGH	Les	Caerleon	43	0	0	0	42	85
14	711	HEARE,	Mike	Islwyn	0	38	0	0	43	81
15	314	DAVIES,	Martin	Lliswerry	0	0	0	0	50	50
16	157	LEWIS,	Gareth	Chepstow	0	49	0	0	0	49
17	224	WILLIAMS,	Tim	Club 69	48	0	0	0	0	48
18	796	WALKER	Martin	Islwyn	44	0	0	0	0	44
19	758	BRAIN,	Robert	Islwyn	0	0	43	0	0	43
20	313	DAVIES,	Chris	Lliswerry	0	42	0	0	0	42
21	500	ANSTICE,	Paul	Fairwater	0	39	0	0	0	39

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OVER 50 MALE :

POSTION	Number	SURNAME	FIRST NAME	Team	Islwyn	Griffithstown	Club 69	Caerleon	Lliswerry	TOTAL
2	315	DURSLEY,	Paul	Lliswerry	47	46	48	49	49	239
3	198	MCENTEE,	Kevin	Chepstow	46	45	49	0	48	188
4	101	ASHTON,	Gerry	Chepstow	0	0	47	48	47	142
5	1	TAYLOR,	Andrew	Caerleon	45	0	0	47	46	138
6	728	LUNDIE,	Blair	Islwyn	0	0	46	45	45	136
7	666	ORRINGE	Adrian	Griffithstown	50	50	0	0	0	100
8	217	RAINBIRD,	Dereck	Club 69	0	49	0	0	0	49
9	523	LEWIS,	Paul	Fairwater	48	0	0	0	0	48
10	680	WATERS	Phillip	Griffithstown	0	47	0	0	0	47
11	108	BRAY,	Andy	Chepstow	0	0	0	46	0	46

OVER 55 MALE :

POSTION	Number	SURNAME	FIRST NAME	Team	Islwyn	Griffithstown	Club 69	Caerleon	Lliswerry	TOTAL
2	329	ATTWOOD,	Howard	Lliswerry	47	48	48	47	47	237
3	713	HICKS,	Glyn	Islwyn	46	46	47	45	48	232
4	780	PAYTON,	Peter	Islwyn	45	45	46	41	45	222
5	211	MILES,	Phillip	Club 69	50	0	50	50	0	150
6	158	SAVAGE,	Bill	Chepstow	0	50	0	48	50	148
7	17	POWELL,	Michael	Caerleon	0	47	0	46	0	93
8	798	SUTTON,	Lyndon	Islwyn	0	0	0	44	46	90
9	147	BROWN,	Rob	Chepstow	0	0	0	42	44	86
10	762	THOMAS,	Calvin	Islwyn	49	0	0	0	0	49
11	133	ANDREWS	Dave	Chepstow	0	0	0	43	0	43

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OVER 60 MALE :

POSITION	Number	SURNAME	FIRST NAME	Team	Islwyn	Griffithstown	Club 69	Caerleon	Lliswerry	TOTAL
1	126	CRAM,	Geoff	Chepstow	48	49	50	49	50	246
2	170	WHEELER,	Syd	Chepstow	49	0	48	48	48	193
3	105	BAYLISS,	Geoff	Chepstow	47	0	49	50	0	146
4	684	MALONEY	Peter	Griffithstown	0	0	47	47	49	143
5	119	FINCH,	Dick	Chepstow	50	50	0	0	0	100
6	721	PARKER,	Malcolm	Islwyn	46	48	0	0	0	94
7	103	BAILEY,	Eric	Chepstow	0	47	0	0	0	47

MALE TEAM :

POSITION	TEAM	Islwyn	Griffithstown	Club 69	Caerleon	Lliswerry	TOTAL
1	Club 69	7	6	7	7	7	34
2	Chepstow	5	7	2	5	5	24
3	Lliswerry	1	2	6	6	6	21
4	Griffithstown	6	5	4	2	3	20
5	Islwyn	4	3	5	3	4	19
6	Fairwater	3	4	3	4	2	16
7	Caerleon	2	1	1	1	1	6

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SENIOR FEMALE :

POSTION	Number	SURNAME	FIRST NAME	Team	Islwyn	Griffithstown	Club 69	Caerleon	Lliswerry	TOTAL
1	192	OST,	Sue	Chepstow	0	50	47	45	48	190
2	761	GLEN,	Fiona	Islwyn	48	49	48	44	0	189
3	609	NOWELL	Stella	Griffithstown	49	0	50	48	0	147
4	349	JONES,	Gemma	Lliswerry	0	0	0	50	50	100
5	601	BAYLISS	Emma	Griffithstown	50	0	0	0	0	50
6	185	DUFFIELD,	Helen	Chepstow	0	0	0	0	49	49
	625	HALL	Clare	Griffithstown	0	0	0	49	0	49
	627	VAUGHAN	Sian	Griffithstown	0	0	49	0	0	49
9	548	ZERK	Sally	Fairwater	0	0	0	47	0	47
10	628	OWEN	Gwen	Griffithstown	0	0	46	0	0	46
	630	TAYLOR	Becky	Griffithstown	0	0	0	46	0	46

OVER 35 FEMALE :

POSTION	Number	SURNAME	FIRST NAME	Team	Islwyn	Griffithstown	Club 69	Caerleon	Lliswerry	TOTAL
1	733	LODDER,	Helen	Islwyn	50	50	50	50	50	250
2	209	EVANS,	Anne Marie	Club 69	48	49	47	46	48	238
3	551	WOODBIDGE,	Daniela	Fairwater	47	48	46	44	46	231
4	602	BURCHELL	Julie	Griffithstown	46	44	43	41	44	218
	729	JONES,	Jackie	Islwyn	45	45	45	40	43	218
6	57	SCRIVENS,	Alision	Caerleon	49	0	48	48	0	145
7	502	ROCHE,	Julie	Fairwater	0	43	44	0	42	129
8	409	MERRIMAN	Becky	Chepstow	0	0	49	0	49	98
9	605	DAVIES	Julie	Griffithstown	0	47	0	47	0	94
10	129	MORRIS,	Jan	Chepstow	0	0	0	45	47	92
11	56	JAMES,	Christine	Caerleon	0	46	0	0	45	91
12	539	HAVELOT,	Tracy	Fairwater	44	42	0	0	0	86
13	533	MORGAN,	Julie	Fairwater	43	41	0	0	0	84
14	305	CHIPPER,	Sandra	Lliswerry	0	0	0	49	0	49
15	410	JAMES	Debbie	Chepstow		0	0	43	0	43
16	136	LAWSON,	Vanessa	Chepstow	0	0	0	42	0	42

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OVER 40 FEMALE :

POSITION	Number	SURNAME	FIRST NAME	Team	Islwyn	Griffithstown	Club 69	Caerleon	Lliswerry	TOTAL
1	21	OWEN,	Joanne	Caerleon	0	50	0	49	49	148
2	413	FRANCIS	Liz	Chepstow		0	0	50	50	100
3	612	RICHARDS	Janet	Griffithstown	0	0	50	48	0	98
4	550	SYKES	Jenny	Fairwater	0	0	0	0	48	48

OVER 45 FEMALE :

POSITION	Number	SURNAME	FIRST NAME	Team	Islwyn	Griffithstown	Club 69	Caerleon	Lliswerry	TOTAL
1	726	JONES,	Mandy	Islwyn	50	50	50	50	50	250
2	51	THOMAS,	Helen	Caerleon	49	49	49	48	0	195
3	615	VORRES	Christine	Griffithstown	48	0	48	46	49	191
4	515	JENKINS,	Jeanette	Fairwater	0	0	47	47	48	142
5	547	BURRIDGE,	Marianne	Fairwater	47	0	46	45	0	138
6	308	CLARE,	Val	Lliswerry	0	0	0	49	0	49
7	20	HOWELL,	Kim	Caerleon	0	48	0	0	0	48
8	341	CEENEY,	Karen	Lliswerry	0	0	0	0	47	47

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OVER 50 FEMALE :

POSITION	Number	SURNAME	FIRST NAME	Team	Islwyn	Griffithstown	Club 69	Caerleon	Llisbury	TOTAL
1	529	LLOYD,	Sue	Fairwater	49	48	46	48	47	238
2	19	HOWELLS,	Gwyn	Caerleon	50	49	47	0	48	194
3	102	ASHTON,	Sue	Chepstow	0	0	50	49	50	149
4	52	ADKINS,	Shelaga	Caerleon	0	50	49	0	49	148
5	227	AUSTIN,	Jacky	Club 69	0	0	0	50	0	50
6	104	BAYLISS,	Jayne	Chepstow	0	0	48	0	0	48
7	731	WILLIAMS,	Elaine	Islwyn	0	0	0	0	46	46

FEMALE TEAM :

POSITION	TEAM	Islwyn	Griffithstown	Club 69	Caerleon	Llisbury	TOTAL
1	ISLWYN	7	7	7	5	6	32
2	GRIFFITHSTOWN	6	4	5	6	2	23
3	CHEPSTOW	0	2	6	7	7	22
4	FAIRWATER	5	5	3	4	4	21
	CAERLEON	4	6	4	2	5	21
6	CLUB 69	3	3	2	1	1	10
7	LLISWERRY	0	0	0	3	3	6